

New Beginnings

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Let 2023 be the start of something new! What that is, is up to you! The key is to make the decision to embark on that new journey whether alone or with someone else, whether to take that trip, buy that home, begin that new relationship, change that career, start that new course or attend that college. New beginnings derive from optimism, faith and opportunities taken. In life we are faced with risks, challenges, hardships, good moments, and varied relationships but what matters is what we learn along the way. A new beginning can be life-changing in ways never imagined; empowering and uplifting. Get inspired. Motivated.

“God doesn't remember our past, he gives us a fresh start.” Isaiah 43:18-19 says, “Forget the former things; do not dwell on the past. See, I am doing a new thing!

New Beginnings



SISTER ISLANDER OF THE QUARTER Mr. Akeem Lennard

A Young Entrepreneur from the island of Virgin Gorda

I started my entrepreneurial journey at the age of 23.

I grew up in a family of entrepreneurs and seeing the way that they were their own bosses, controlled how they wanted their businesses to operate and basically in some instances created new business avenues, inspired me to do the same.

My father is a contractor and growing up I spent many days with him on his various jobs and reading through his construction and building books. As I aged, I started gravitating towards architecture as a way to create a one stop shop where I'd do the drawings and my father would do the buildings. While in college at HLSCC studying architecture, some great friends, Ed and Jacky bought me a book by the name of Building Green from The Ground Up. This book spoke about green and sustainable architecture. It was here that I first came across concrete as a finished product. I was instantly intrigued and after some online studies and tests, I officially began GreencreteBVI on January 29th, 2013.

Greencrete BVI is a company that creates unique products for homeowners and tourists using concrete, epoxy, recycled glass, and shells. We create everything from countertops to floors, coasters to trivets and everything in between. We offer homeowners a wider variety of custom products; for tourists, we are giving them authentically BVI-made souvenirs and for the environment we are greening Natures Little Secret with the removal of glass waste.

Like every business, there were challenges that I faced. One of those was that Concrete as a finished product was (and in many cases still is) an unknown thing to many in the BVI. This brought a struggle with getting my products out there, persons know of concrete just to tile or paint but were not as aware that you can use it as

a finished product. One other challenge at times has been keeping the passion going. When we start a business, we start with all great thoughts and ideas but sometimes that all changes as you go and it can become tiresome at times and we lose the passion we started with.

If you're looking to start a business, don't just start because you think you can make a lot of money. Make sure it's something you'll really like to do and that it is something that will benefit your community as well. When you arrive to that burn out state (trust me you will) and you're ready to throw in the towel, remind yourself why you started, and remember that things change daily, as an entrepreneur its up to you to adapt and adjust accordingly.





SCHEDULE OF ACTIVITIES on the Sister Islands

Anegada, Virgin Gorda & Jost Van Dyke




Anegada

FEBRUARY
22

Inland Revenue Department Tax Identification Number (TIN) eRegistration
Time: 10:00 am – 6:00 pm
Location: Cool Breeze Sports Bar & Restaurant
Walk with a Valid ID (Passport / Driver's License) & SSN card

FEBRUARY
26

Virgin Islands Culture & Heritage Policy & Strategy Draft Document
Public Consultation Meeting
Time: 2:00 – 4:30 pm
Location: Claudia Creque Educational Centre

FEBRUARY
25

Anegada Fun Park 3rd Monthly Kids' Social "Water World Edition"
Time: 4:00-6:00 pm
Location: Anegada Beach Club
Refreshments and fun activities for kids of all ages

JUNE
07

Department of Motor Vehicles Sister Islands Visit
Time: 9 am-1:00 pm
Location: Theodolph Faulkner Administration Building

green TIP OF THE QUARTER

SAVE ENERGY TO SAVE MONEY

TRY NATURAL DYES FOR EASTER EGGS. One of the most beloved celebrations for Easter is dyeing eggs. However, many store-bought dyes are full of chemicals that can run into natural waterways and pollute freshwater ecosystems. Try natural dyes from fruits, vegetables, and spices you find in your kitchen! To use natural ingredients, boil 1 quart of water with 2 tablespoons of white vinegar and simmer with the ingredients for 30 minutes. Then, cool and strain the dye and let soak for at least 30 minutes. Use red cabbage in water for a vibrant blue, try red onions for a jade green, grape juice makes a great lavender, and paprika creates a pink-red.



New Beginnings



Virgin Gorda

FEBRUARY 22

Virgin Islands Culture & Heritage Policy & Strategy Draft Document
Public Consultation Meeting
Time: 5:15 – 7:45 pm
Location: Flax Administration Building Conference Room

FEBRUARY 27

Inland Revenue Department Tax Identification Number (TIN) eRegistration
Time: 5:30-9:00 PM
Location: The Vanterpool Administration Building, Valley, Virgin Gorda
Walk with a Valid ID (Passport / Driver's License) & SSN card

FEBRUARY 28

Inland Revenue Department Tax Identification Number (TIN) eRegistration
Time: 5:30-9:00 PM
Location: The John E. George Administration Building, North Sound, Virgin Gorda, Valley, Virgin Gorda
Walk with a Valid ID (Passport / Driver's License) & SSN card

MARCH 25

2023 Men's Health Fair & Prostrate Cancer Screening
Time: 8:00 am – 3:00 pm
Location: Catholic Community Centre
Calling all men 40 and up

APRIL 08 - 10

Virgin Gorda's Easter Festival
Hosted by the V.I.'s Festivals and Fairs Committee



Jost Van Dyke

FEBRUARY 23

Virgin Islands Culture & Heritage Policy & Strategy Draft Document
Public Consultation Meeting
Time: 10:30 am – 1:00 pm
Location: Cool Breeze Sports Bar & Restaurant

MARCH 01

Inland Revenue Department Tax Identification Number (TIN) eRegistration
Time: 10:00 am – 6:00 pm
Location: Cool Breeze Sports Bar & Restaurant
Walk with a Valid ID (Passport / Driver's License) & SSN card

JUNE 06

Department of Motor Vehicles Sister Islands Visit
Time:TBD
Jost Van Dyke

Employees stay **When they are**

- PAID WELL
- MENTORED
- CHALLENGED
- PROMOTED
- INVOLVED
- APPRECIATED
- TRUSTED
- EMPOWERED
- VALUED





THINKING OF STARTING A NEW JOB?

START WITH A WINNING RESUME AND POWERFUL JOB LETTER.

5 critical sections of a Good Resume:

1. Contact information
2. Resume summary or objective
3. Work experience
4. Skills
5. Education



SYNERGY
HR Transformation & Talent Management Services

20 JOB INTERVIEW TIPS

- 1 Research the employer.
- 2 Research the job.
- 3 Understand the job description.
- 4 Make sure you understand the values of the employer.
- 5 Practice your answers to common interview questions – with a friend or family member.
- 6 Be on time – leave plenty of time to get there.
- 7 Look the part and dress smartly and appropriately.
- 8 Develop rapport and maintain eye contact.
- 9 Stay calm.
- 10 Stay positive.
- 11 Answer questions properly and don't waffle.
- 12 Demonstrate why they should hire you by explaining how you have used the skills the employer is looking for.
- 13 Expect the unexpected.
- 14 Ask the interviewer to clarify anything you are unsure of.
- 15 Remember your manners.
- 16 Look interested throughout.
- 17 Ask questions that demonstrate your interest in the position.
- 18 Prepare your questions in advance.
- 19 If you don't know the answer to a question, be honest.
- 20 Focus on what you can bring to the job and not what is in it for you.



New Beginnings



THINKING OF FURTHERING
YOUR EDUCATION?

CONSIDER THESE OPTIONS
with the local community college



HLSCC SAVE THE DATE

CAREER FAIR 2023

BE CAREER READY!

REPRESENTATIVES FROM

- HOSPITALITY INDUSTRY
- CULINARY INDUSTRY
- HEALTH CARE SERVICES
- CORPORATE AGENCIES
- BVI GOVERNMENT
- LAW FIRMS
- MEDICAL COMPANIES
- TELECOMMUNICATION COMPANIES

WEDNESDAY 8th MARCH TORTOLA 1:00 - 4:00 PM PARAGUSTA BAY CAMPUS LEARNING RESOURCE CENTRE	THURSDAY 9th MARCH VIRGIN GORDA 1:00 - 4:00 PM VIRGIN GORDA CENTRE VO CENTRE BUILDING
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FOR MORE INFORMATION CONTACT DENISE ABERNETHY JAMES AT 1-844-842-2334



Deadline Extended!!
BVI ASIA ABROAD
 SCHOLARSHIP PROGRAMME
 New Application Deadline
31 MARCH 2023

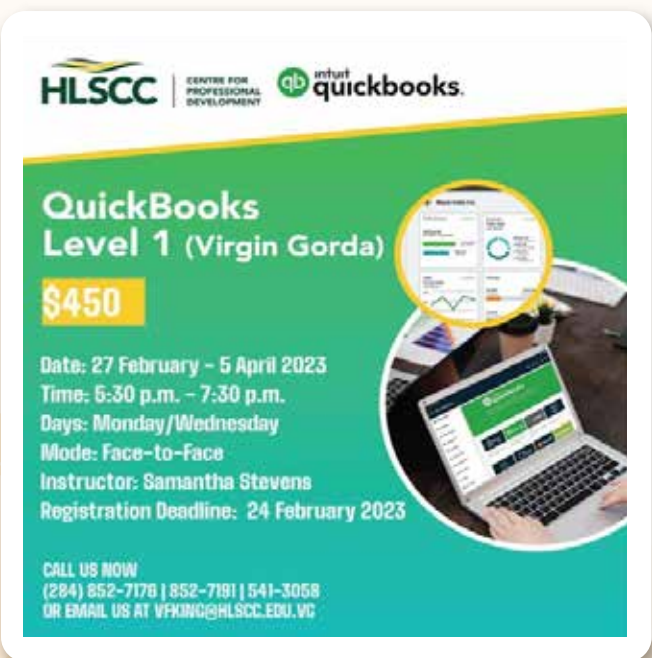
Contact Us:
 BVI Hong Kong Office
 E: info@bvi.hongkongoffice.com.hk
 W: www.bvi.hongkongoffice.com.hk
 Tel: HK +852 3460 8630
 Whatsapp: +852 9559 2305

Application Process:

- STEP 1 - EMAIL A LETTER OF INTEREST
- STEP 2 - COMPLETE 2 UNIVERSITY APPLICATIONS
- STEP 3 - SUBMIT YOUR DOCUMENTATION
- STEP 4 - INTERVIEW WITH THE MINISTRY OF EDUCATION
- STEP 5 - BOOK YOUR TICKET...FLY...

A Programme By 

studyinfo@bvi.hongkongoffice.com.hk




HLSCC | CENTRE FOR PROFESSIONAL DEVELOPMENT | **intuit quickbooks.**

QuickBooks Level 1 (Virgin Gorda)

\$450

Date: 27 February - 5 April 2023
 Time: 6:30 p.m. - 7:30 p.m.
 Days: Monday/Wednesday
 Mode: Face-to-Face
 Instructor: Samantha Stevens
 Registration Deadline: 24 February 2023

CALL US NOW
 (284) 852-7178 | 852-7181 | 541-3058
 OR EMAIL US AT VFKING@HLSCC.EDU.VG



THE RIDDLE CORNER

RIDDLE CORNER ANSWERS
 1) SWIMS 2) FOOTSTEPS

1. WHAT 5-LETTER WORD TYPED IN ALL CAPITAL LETTERS CAN BE READ THE SAME UPSIDE DOWN? _____
2. THE MORE YOU TAKE, THE MORE YOU LEAVE BEHIND. WHAT AM I? _____



New Beginnings



HLSCC | VIRGIN ISLANDS
STUDIES
INSTITUTE

THE VIRGIN ISLANDS STUDIES INSTITUTE *presents,*

Introduction to African Art and Architecture

facilitated by visiting professor
Dr. Henry J. Drewal



SATURDAYS

18th February, 2023

25th February, 2023

4th March, 2023

10:30 a.m. to 12:00 p.m.

Department of Youth Affairs
and Sports (conference room)

To Register

Contact: Director of Virgin Islands Studies,
Bernadine Louis at ☎ 852-7148 or 541-2168
or email ✉ blouis@hlsc.edu.vg.

Registration fee \$25.00



New Beginnings



Are you an entrepreneur, supervisor or manager looking to take things to another level?

What is CMI?

The Chartered Management Institute (CMI) is the Chartered Body for Management and Leadership that works with businesses and education to inspire people to become skilled, confident, and successful managers and leaders.

Level 5 Management & Leadership

This qualification is designed for practising middle managers and leaders at operations, division, departmental or specialist level, who are typically accountable to a senior manager or business owner. The primary role of a practising or aspiring manager and leader is to lead and manage individuals and teams to deliver the aims and objectives in line with the organisational strategy.

Combining **face-to-face and online classes**

See QR code to fill out the interest form



**THE CHARTERED
MANAGEMENT
INSTITUTE**

NOW
accepting applications!

Course begins
**20th April
2023**

For more information contact:



284-852-7176



cmthomas@hlsc.edu.vg

SAVE THE DATE

28 JULY - 11 AUG



69TH ANNIVERSARY



New Beginnings



THINKING OF STARTING YOUR OWN BUSINESS?

The Business Blueprint Start-up Kit, a new tool for business owners, is a central location where details and forms for company registration, payroll tax, social security, NHI, inland revenue, pension plans may be found.

To access the kit, head to www.bviccha.org/blueprint-kit/

HEALTH

TIP OF THE QUARTER



Wellness is maintained by paying attention to our daily lives on four levels: Physical, Mental, Emotional and Spiritual Health. To accomplish this, there are five simple keys or exercises: Self-Love, Breathing, Positive Choices, Balance and Trust. //



WHAT IS THE START-UP KIT?

The BVICCHA's mission is to empower, educate and equip. With our business blueprint start-up kit, it is our goal to provide new businesses with the tools and resources to get started the right way. This start-up kit includes information on company registration, payroll tax, social security, national health insurance, and pension plans. This can be accessed on our website at www.bviccha.org/blueprint-kit/ and hard copies are also available at the trade department.

WWW.BVICCHA.ORG/BLUEPRINT-KIT/

For more information call us at +1 (284) 345-3513.



New Beginnings



THINKING OF OWNING YOUR OWN HOME?

HOME BUYER TIPS

- 1 Identify your needs.
- 2 Know the true cost of your new home.
- 3 Build your savings now.
- 4 Build your credit wisely.
- 5 Research your mortgage loan options.
- 6 Know what you qualify for before you begin shopping.



A new year is a new opportunity to get moving!



Future homeowners, enjoy another pay day!

Build or buy a home with a mortgage from CIBC FirstCaribbean and enjoy a US\$200 or local equivalent credit in your savings or checking account every month for one year.

Visit www.cibc.com/firstcaribbean/loyalty for more information.



Get cash back every month for 1 year!

FORM ON FACEBOOK

A new year is a new opportunity to get moving!

Sign up



New Beginnings



THINKING OF STARTING
OR JOINING A
**NON-PROFIT
ORGANIZATION
TO GIVE BACK?**

**CONSIDER THE LOCAL
OPTIONS IN YOUR
COMMUNITY**

NOW SEEKING MEMBERS!

**ANEGADA LIONS
BRANCH CLUB**

Give Back - Do Good
Join the **NEW** Anegada Lions Branch Club

(284) 441 2183 - Lion Kamika
(284) 343 -2668 - Lion Maria

sponsored by the Lions Club of Tortola

JOIN US!

WHATEVER YOU DECIDE:
MOVE FORWARD WITH
PURPOSE AND LIVE
YOUR BEST LIFE.

**REPEAT AFTER ME:
IT IS 2023!**

**I believe in me! I am ready to feel
happy and free. Free to be the
person I was destined to be.
Thank you Lord!**

**H. Lavity Stoutt
Commemorative Celebration**

Monday, 6th March, 2023

Theme:
Country Man Comes to Town:
Keep the Vision Moving

FAST FACTS

He was the first and longest serving
Chief Minister of the Virgin Islands.





RECIPE CORNER

COCONUT CUSTARD CHOCOLATE CHIP PIE

INGREDIENTS:

- 2 eggs
- ½ cup butter, cubed
- 1 cup sugar
- 2 tablespoons all-purpose flour
- ¾ cup milk (any type)
- 1 cup + 3 tablespoons flaked coconut
- ½ teaspoon vanilla extract
- 1 frozen pie crust
- Optional Ingredients
- Chocolate chips
- whipped cream, for serving

METHOD:

- 1 Preheat oven to 350 F.
- 2 In a large bowl, beat the eggs lightly.
- 3 Cut the butter into small cubes, and add to the bowl along with the sugar.
- 4 Set an electric mixer to medium speed, and mix until blended.
- 5 Add in the flour, and blend again.
- 6 Add the milk, and blend again.
- 7 Stir in the coconut and vanilla.
- 8 Pour the coconut custard into the pie shell.
- 9 Top with the remaining coconut flakes.
- 10 Bake for 30 minutes then sprinkle chocolate chips on top (if desired)
- 11 Bake for another 15 minutes, until firm.
- 12 Let the pie cool for 1 hour before slicing and serving. Top with whipped cream, if desired.





Are you the next Miss British VIRGIN ISLANDS

ELIGIBILITY/CRITERIA
BVIlander/Belonger
Unmarried, no children
Ages 17 - 27

APPLY
Committee Chair
Natalie Hodge

CONTACT
(284) 345 1676
missbvi@vifestival.com

30th MARCH
2023 Submission
Deadline



 Miss British Virgin Islands

 @MissBVI



New Beginnings



"The beginning is always today." – Mary Wollstonecraft Shelley



New Beginnings



Life is a



Life is an opportunity,
seize the day, live each day to the fullest.

Life is not a project,
but a journey to be enjoyed.

Life is a gift, accept it,
enjoy it, and be happy with it.

Life is a challenge,
but challenges can always be overcome.

Life is to be lived,
not to be dreamed.

Life is a wonder,
if you sit back and be thankful.

Life is a decision each of us makes,
to be happy or sad.

Life is a time
for new beginnings and endings.

Life is a balance,
take time for play not just work.

Life is a joy
for those who are optimistic.

Life is a bundle of possibilities
if you just look for them.

Life is a meant to do,
not to regret.

Life is no bed of roses
but life is what you make it.

Catherine Pulsifer



—*—
Ramblings of the Claury
—*—



New Beginnings



GOVERNMENT OF THE VIRGIN ISLANDS
 VI FESTIVALS & FAIRS COMMITTEE
 BVILOVE

DAWN FLAX EASTER FESTIVILLE 2023

"REJUVENATE AND CELEBRATE WID WE STRESS FREE
 FOR VIRGIN GORDA EASTER FESTIVAL 2023"

SCHEDULE OF EVENTS

SATURDAY APRIL 1 ST	VG GOT TALENT FESTIVAL GROUNDS
WEDNESDAY APRIL 5 TH	JUNIOR CALYPSO SHOW/COOLER FETE FESTIVAL GROUNDS
FRIDAY APRIL 7 TH	GOSPEL FEST VENUE TO BE ANNOUNCED
SATURDAY MORNING APRIL 8 TH	CULTURAL FOOD FAIR SPANISH TOWN/MARINA OPPOSITE FIRE STATION EASTER CAR SHOW AT SAUCES BAR & RESTAURANT
SATURDAY EVENING	OPENING OF DAWN FLAX FESTIVILLE VILLAGE ENTERTAINMENT
SUNDAY APRIL 9 TH	R T O'NEAL HAT PARADE VALLEY SOUND LIONS EASTER EGG HUNT THE RECREATION PARK WET FETE ST. THOMAS JETTY
	CALYPSO SHOW FESTIVAL GROUNDS VILLAGE ENTERTAINMENT
MONDAY APRIL 10 TH	RISE AND SHINE TRAMP FROM DIXIE'S PARKING LOT TO FESTIVAL GROUNDS GRAND PARADE VILLAGE ENTERTAINMENT

