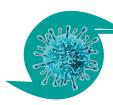


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Know Your Terms

Atlantic Hurricane Season runs each year from June 1 to November 30, with peak activity usually occurring in September. Even mild weather systems have the potential to cause flooding, wind gusts and other dangerous conditions.

- Tropical Disturbance has winds that are weak and unorganised
- Tropical Depression is somewhat organised with winds less than 39 miles per hour
- Tropical Storm has some cyclonic organisation and winds from 39-74 miles per hour
- Hurricane is organised around an eye and has winds 75 miles per hour or stronger
 - COVID-19 is a Coronavirus disease identified by medical scientists in 2019. Symptoms include cough, fever, chills, shortness of breath, muscle pain and sudden loss of taste or smell.

Make A Plan

Plan ahead to ensure that you and your family are safe throughout the hurricane season.

Consider whether your home is a safe place to shelter in a storm. Families whose structures me be vulnerable should identify a friend ora relative who would be willing to provide temporary shelter. Others may decide to stay with friends or family members because of greater comfort and privacy as compared with emergency shelters.

- Make sure everyone knows where to go if you need to evacuate.
- Discuss how you will contact each other if you are separated.
- Prepare your emergency supply kit.
- Locate nearest shelters.
- Locate nearest clinics.
- Include COVID-19 considerations, such as physical distancing, in your family plan.



Gather Emergency Supplies

Think about all the items you need to keep safe and healthy during and after a storm impact. Remember that utilities such as power and water may be offline, and access to the road may be limited due to flooding or fallen trees.

A well-stocked emergency kit should include:

- Two (2) week food supply (non-perishable items such as canned and dry goods).
- 1 gallon of water per person in the household for 7 days.
- Emergency lighting such as solar lights or flashlights with spare batteries.
- A battery-powered radio and spare batteries.
- First aid supplies.
- Medications and/or health supplements.
- Personal safety items such as masks, gloves, disinfectants and hand sanitisers to address COVID-19.





- Secure documents such as passports, medical records, wills and insurance policies in a sealed, waterproof container.
- A small toolkit or multi-tool.
- A fire extinguisher.
- Other supplies unique to your needs such as baby items, mobility aides, or special comfort items.



STAY INFORMED

Monitor weather updates on local radio, television or online. Authorities begin issuing advisories periodically once an active system is observed in the Atlantic. If a system looks likely to impact us, they would also issue:

Watch: means tropical storm or hurricane conditions may affect our area within 48 hours. Persons should respond by preparing for a possible impact.

Warning: means that tropical storm or hurricane-force winds are expected in an area within 36 hours. Persons should respond by preparing for a likely impact.

Download the DDM Alert app from the Google Play store or the App store for IOS devices to receive notifications on your device about tropical storms and other emergencies. Follow the Department on Facebook or Twitter for updates in your social media feed.



Get Ready

Car

Fill gas/fuel tank.

Move vehicles into your garage or under cover.

Keep a "grab & go" emergency kit in your vehicle.

If you do not own a car, make evacuation arrangements with a neighbour who does.



Family

Create your emergency plan and make sure the entire family knows it. Check for updates frequently.

Inform family, friends and relevant authorities about your special needs.

Put pets and farm animals in a safe place.



Home

Identify a safe room or space within your home in case you need to shelter in place.

Make sure gutters and ghuts or drainage paths are clear to reduce the risk of water damage from heavy rains.

Clear debris and anything that might be lifted by strong wind and cause damage. Tie down or bring indoors bikes, lawn furniture, grills, propane tanks and building materials.

Use storm shutters or nail pieces of plywood to the outside window frames to keep them from being broken by strong winds.



Be ready to turn off your power.

Turn the main breaker off if you observe flooding.

Fill clean water containers with drinking water. You can also fill sinks and bathtubs with water for washing.

Business

Discuss your continuity or emergency plans with your employees and assign tasks as needed.

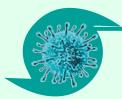
Consider how you will reach clients and staff after a storm impact.

Review your insurance coverages annually.

Keep your essential files and contacts backed up remotely.

Make sure your business emergency kit has supplies to help

protect against COVID-19.



Evacuate Your Home Always listen to authorities' instructions regarding evacuations. Staying home after an evacuation order risks your health and safety. If you are instructed to evacuate, you should leave home as soon as possible, even if it is during curfew or a COVID-19-related lockdown.

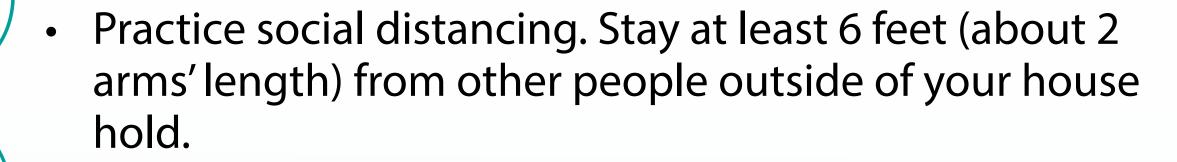
Emergency shelters will be opened in a phased manner, and shelterees should expect to maintain appropriate physical distancing measures. Monitor media for the latest updates regarding which emergency shelters are accepting persons.

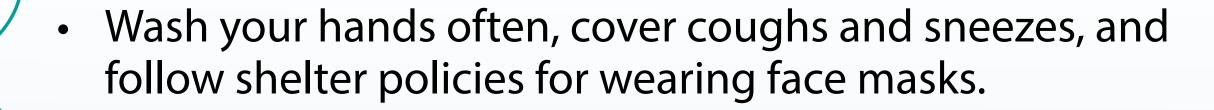
If you do go to a shelter, bring bedding and other basic necessities for each person in your household, including your face masks.





TIPS FOR STAYING IN A SHELTER DURING COVID-19







 Adults 65 and older and people of any age who have a serious underlying medical conditions should adhere to all safety measures These people are at higher risk for severe illness from COVID-19.

 Avoid touching high-touch surfaces, such as handrails, as much as possible.

 If you are feeling sick, when you arrive at the shelter or start to feel sick while sheltering, tell shelter staff immediately.





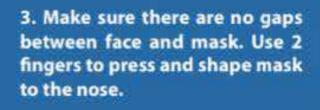
HOW TO PUT ON, USE AND TAKE OFF A FACE MASK



1. Before putting on a mask, wash hands with soap and water or clean hands with 60% or higher alcohol based sanitiser



2. Use straps to tie or loop mask behind head/ears to completely cover mouth and nose





4. DO NOT TOUCH THE FRONT OF THE MASK. If you do, clean your hands with 60% alcohol-based sanitiser or soap and water



5. Remove the mask from behind the straps. DO NOT RE-USE SINGLE USE MASK 6. Discard the mask immediately in a closed bin, then clean hands with 60% alcohol-based sanitiser or soap and water



EMERGENCY CONTACTS



COVID-19 MEDICAL HOTLINE (284) 852-7650

CLINICS ON TORTOLA
East End and Long Look
(284) 440-1631
Capoons Bay
(284) 440-1641 or (284) 440-1728

NON-COVID-19 RELATED MEDICAL EMERGENCIES 911

POLICE 311

EMERGENCY AT SEA: 767

FIRE AND RESCUE SERVICE: (284) 494-3473

DR. D. ORLANDO SMITH HOSPITAL (284) 852-7500

BVI ELECTRICITY CORPORATION (284) 852-4600

SOCIAL DEVELOPMENT
CHILD PROTECTION/FAMILY SUPPORT

(284) 468-9371 Elderly Care (284) 468-9384 Anegada/Virgin Gorda Support (284) 468-9373

RED CROSS (284) 499-4999 (284) 544-8108

FAMILY SUPPORT NETWORK (284) 499-0999

PSYCHOSOCIAL SUPPORT AND SUPPORTIVE COUNSELING

(284) 541-2383 (284) 541-1559 (284) 541-1861

MINISTRY OF HEALTH AND SOCIAL DEVELOPMENT (284) 468-9770



EMERGENCY CONTACTS

WATER & SEWERAGE (284) 468-5766

DEPT OF AGRICULTURE VETERINARY UNIT (284) 468-6197

SISTER ISLANDS EMERGENCY CONTACTS

NURSE IRIS O'NEAL CLINIC MEDICAL CENTRE VIRGIN GORDA (284) 345-2613 North Sound (284) 440-1661

NURSE ROMALIA SMITH CLINIC ANEGADA

(284) 346-9801 (284) 440-1627

JOST VAN DYKE (284) 346-1709



MAP OF THE





Get Ready, Stay Ready

Download the DDM Alert App today to get ready and stay ready!

Check out www.bviddm.com for more tips on preparing for the hurricane season.

Sources:

Ministry of Health and Social Development
Department of Disaster Management
US Centers for Disease Control